

Read before starting:

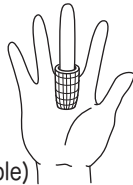
Check the content. Enough thread are included as long as you stitch following the instruction. The stitching lines printed on the right side of the fabric are washable. After finishing all stitches, wash out the lines following the "Washing instruction".
Caution! This kit includes needles.

Content

- ◆Olympus Sashiko fabric (Cotton 100%) Navy
- ◆Olympus Sashiko thread, Thin (Cotton 100%) White 2 skeins
- ◆Olympus needles, Olympus thimble

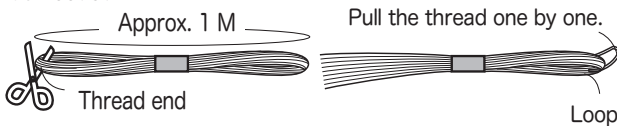
(Finished side: Approx. 32cm x 26cm x 4cm)

(How to put on a thimble)



How to handle the thread

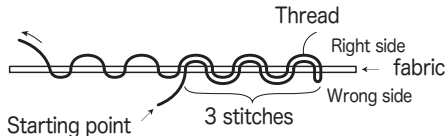
One skein of Sashiko thread is 18 meter long.(20yards) Look for the extra loop of the thread tied around the skein. Cut through all the threads at the knot to make 18 pcs of 1-meter threads. Pull individual threads from the skein as needed.



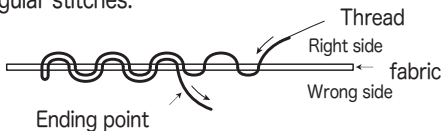
How to stitch

Pull the thread after every few stitches. This will prevent the twisting of thread. Be careful not to pull the thread too hard, 10 hem stitching the diagonal or circular designs, which could cause the cloth to stretch.

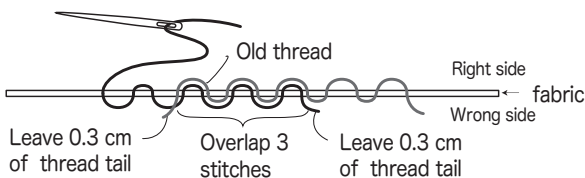
To begin stitching; insert the needle, from the wrong of the fabric, 3 stitches ahead of the starting point. Make 3 small stitches back to the starting point. Begin the regular stitches by covering the small stitches.



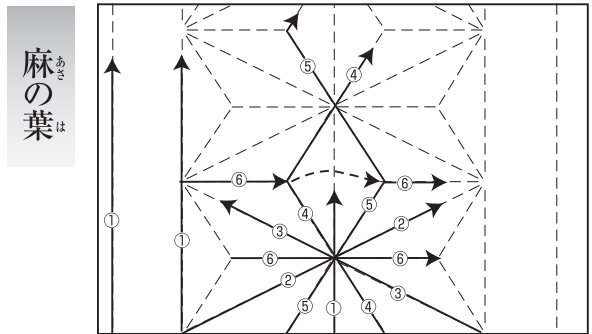
To end stitching; at the ending point, bring the needle to the wrong side of the fabric, make 3 stitches backward, being careful not to go over the regular stitches.



To change the thread; when changing the thread in the middle of stitching, use the methods to begin and end stitching, as shown in the below picture.

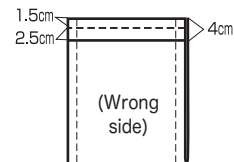
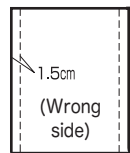


Stitching order

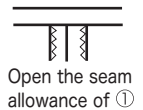


How to make a bag

- ① Fold the fabric in half (inside in). Stitch the seam, 1.5cm from the edge.
- ② Fold 1.5cm of the top outside and fold it two more times for 2.5cm. Press it with iron.

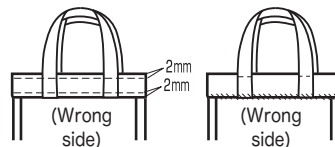


(Seen from the side)

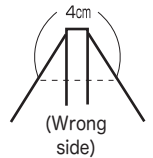


- ③ Stitch by hand or use your sewing machine to finish the top.

(Sewing machine) (Hand stitching)



- ④ Make a gusset at 4cm from the bottom end.



Washing instruction

(For finishing)

Be sure you have finished all the stitches, there is no loose thread or too tight stitches.

Rinse the fabric gently in the water. Dry in the shade, when the fabric is slightly wet, press on the back side with iron set at low.

(For washing)

Hand wash in the warm water using mild detergent. Do not use bleach. Rinse thoroughly. Dry in the shade.

In order not to push down the stitches, fold a bath towel in half and place on the ironing board. Place the finished item and press on the back with iron set at low.